



Trek Parent Resources

May 16 & 17, 2020

Peter and John are taken to the Sanhedrin

Our Bible story this week comes from Acts 3:1 – 4:21.

Just for Fun: Can you show determination?

Supplies needed: 2 hula hoops, 2 tennis balls, masking tape

- **Divide your family into two teams.**
- **Give each team a hula hoop and a tennis ball.**
- **Create a starting line and a finish line with masking tape or line up teams at one wall and declare the opposite wall as the finish line.**
- **Teams will compete in a relay race.**

Teams start with the hula hoop about five feet from the starting line.

When you say “Go”, a person from each team attempts to roll the ball into the hula hoop.

If the ball stays in the hoop, they run to the hoop, flip it once (end-over-end) toward the finish line, and return the ball to their partner.

If the ball does not stay in the hoop, they retrieve the ball and it's the next person's turn.

Everyone must always roll the ball from the starting line, making it harder to get the ball in the hoop as the hoop moves further away.

- **The first team to move their hoop all the way to the finish line wins.**

For a visual, go to: <https://yhoo.it/2U76n8n>

This game will take determination since it gets harder the longer it is played. Don't give up!

Fans of Encouragement

- Give everyone a piece of paper (or poster board if you have it).
- Make encouragement posters for Peter and John while they're in the Sanhedrin court.
- Ask kids to imagine they could hold up a poster at their trial, like people do today in sports stands. What would it say?
- Help them find encouraging passages in Scripture to add those to their poster, such as:

Philippians 4:13: I can do all this by the power of Christ. He gives me strength. (NIRV)

John 14:27: I leave my peace with you. I give my peace to you. I do not give it to you as the world does. Do not let your hearts be troubled. And do not be afraid. (NIRV)

Psalms 54:4b: The Lord is the one who keeps me going. (NIRV)

James 1:12a: Blessed is the person who keeps on going when times are hard. (NIRV)

Encourage your kid(s) to use their creativity and what they know from this week's story as they make their posters. Ask them to imagine how it might feel to be on trial and possibly going to prison, just for talking about Jesus!

Hang these encouragement posters in your house to encourage everyone to keep going like Peter and John!

Don't forget to practice your memory verse at home this week!



Discussion Questions



- When was the last time you didn't finish something you started? What kept you from finishing?
- Sometimes we don't finish what we start because we simply get distracted. When do you get distracted or find yourself doing something else instead of the thing you're supposed to be doing?
- What can we do to help us when we want to give up?
- Who encourages you to show determination and finish what you start?

Pray as a family

- Encourage everyone to write a prayer asking for God's to help them show determination.
- Challenge your kid(s) to be specific in their prayer.

For example, if you struggle practicing the piano because you don't like the piano, ask God to help you to keep going, practice regularly, and finish the school year/calendar year of lessons.

If you struggle to be nice to a kid you don't get along with, ask God to help you show kindness and patience when interacting with that kid.



God, just like You helped Peter and John to keep going even when things got tough, you want to help us too. God, there are times it is tough to finish what we start. There are times we get tired, or frustrated or we are confused what to do next. You are always with us! Help us to decide it is worth it to finish what we start and give us the strength to keep going.

Amen!